



Psychedelic Research & Veterans: What's Real Right Now

A one-page briefing for veterans and the people who support them. · Updated July 2026

What the research says

- The Food and Drug Administration has designated psilocybin and MDMA “breakthrough therapies” for depression and post-traumatic stress — a status reserved for treatments whose early results justify faster study.
- In late 2024, the Department of Veterans Affairs funded its first psychedelic-therapy study since the 1960s: MDMA-assisted therapy for veterans with PTSD and alcohol use disorder.
- An April 2026 executive order directed federal agencies to accelerate research on these therapies for the invisible wounds of war.
- Major veteran service organizations are engaged. DAV passed a national resolution supporting VA research and launched Mindscapes, its education resource on psychedelic-assisted therapy. DAV, the American Legion, VFW, Wounded Warrior Project, and IAVA endorsed the Innovative Therapies Centers of Excellence Act.

These treatments are still investigational — promising for some conditions, not approved therapies or guaranteed cures, and not without risk. Supervised research is the established path to try them safely and legally.

Studies enrolling veterans

30

veteran-relevant studies tracked

25 recruiting now

Psilocybin	11
MDMA	10
Ketamine	8
LSD	1
Ibogaine	1

*Curated directory · updated 2026-07-14
Participation is always voluntary and screened.*

Where it stands legally

Three states offer regulated legal access outside of research — Oregon and Colorado have operating programs (licensed centers, adults 21+); New Mexico is writing its rules. Eighteen more states have reform in motion. Everywhere else, the lawful route is an approved research study. Verified June 22, 2026 — laws move fast; the live state-by-state map stays current.

Where to start — three steps, ten minutes

- 1 Browse the studies directory at psychedelicvets.com — filter by condition, substance, and location; every listing links to the official record and the study team's contact.
- 2 Check your state on the legal map, and — in Oregon or Colorado — the licensed-center directory.
- 3 Bring what you find to your care team, service officer, or the person who has your back — the site's start-here roadmap walks the whole path.

psychedelicvets.com — studies · legal map · centers · free

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Text 838255 · Chat at VeteransCrisisLine.net · Free, 24/7. Reaching out is a strength.